

Back by Popular Demand!:

Joani Geltman, MSW

returns to Bird Middle School to speak on:
Drinking and Drugs, Sexting and Texting:
What's a Parent to do?

*Adolescent Psychology:
The Parent Version*

Thurs. Oct. 23, 2014

7:00-9:00 PM

Bird Middle School
Walpole, MA

Why Come?

- Get concrete tips on successfully parenting your tween or teen.
- Share ideas with other parents.
- Stay ahead of the game. Parent your teen or tween with knowledge not fear.

Joani has a way of delivering important and potentially unnerving information in a way that is serious yet entertaining and non-threatening. You make people want to be better parents!

Tracey Fagan Duffy
PTO president

Learn how to . . .

- Teen-proof your home and relationship
- Set appropriate limits
- Identify and deal with experimentation with sex, drugs and alcohol
- Identify risk factors for depression and anxiety
- Identify high expectations vs. unrealistic ones
- Identify your teen or tween's imaginary audience and personal fable.

Her presentation is crisp, humorous and covers key stages of development and teen behaviors. She offers advice for parents on how to maintain a decent relationship with their child as they journey through this exploratory time.

Kathy Fortin
Bellingham, MA

This event is sponsored by the Walpole Coalition for Alcohol and Drug Awareness. All parents are welcome to attend. Please invite any friends or family members that may be interested.